

6550 Delilah Road, Suite 101
Egg Harbor Township, NJ 08234
609-485-0800 www.arcatlantic.org

**January, February,
March 2012**

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| <p>Registration will only be accepted by using the registration form inside this newsletter. You can download the news letter and registration form online at www.arcatlantic.org. Your options for returning your registration form and money are:</p> <p>Mail to: Recreation Registration at The Arc of Atlantic County at 6550 Delilah Road, Suite 101 in Egg Harbor Township, NJ 08234</p> <p>Bring it to The Arc of Atlantic County offices during normal business hours of 8:30 AM - 4:30 PM and give it to the receptionist. The receptionist will date stamping it and place it in the correct mail box.</p> <p>Do not bring a registration form to a program. Do not place registration forms or</p> | <p>payment in Sue Kinsell's office. All registration forms and checks or money orders must be turned in by one of the two ways listed. <u>Registration Deadline is Friday, December 16th.</u> Registration will not be processed unless the registration form is completed and a check or money order made payable to The Arc of Atlantic County is included.</p> <p>Cash payments must be coordinated with Allison Venezia at 485-0800 ext. 161</p> <p>If you are unable to pay for everything at the same time, please contact Sue (ext. 191) or Kathi (ext. 164) about possible payment options.</p> | <p style="text-align: center;"><u>CONSUMER CANCELLATIONS</u></p> <p>A confirmation letter will be mailed to you once your registration has been processed. <u>This form will also serve as your receipt for payment</u></p> <p>If you will not be able to attend a program for which you have registered, you must follow the following guidelines to cancel. For Adult Evening Classes you must call Allison at 609-485-0800 extension 161; if you do not get her you then call Kathi Lentz at 609-485-0800 ext. 164</p> <p>YOU MUST LEAVE A MESSAGE ON THE VOICE MAIL IF YOU DO NOT SPEAK TO ONE OF THESE PEOPLE!</p> | <p>If you are canceling for a recreation activity (Elks, Dances, Socialization Club, Sports Fun) or a Sport practice or game you must call Allison at 609-485-0800 extension 161. If you do not get her, call Sue Kinsell at 609-485-0800 extension 191. YOU MUST LEAVE A MESSAGE ON THE VOICE MAIL IF YOU DO NOT SPEAK TO ONE OF THESE PEOPLE!</p> <p style="text-align: center;">Please Note:</p> <p style="text-align: center;"><u>Repeated NO CALLS OR NO SHOWS may jeopardize your participation in future classes and programs!</u></p> |
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Special Olympic (SO) Sports

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| <p>The Arc of Atlantic County will be participating in the following sports for the Special Olympics Summer Season.</p> <p>Softball, Bocce, Track & Field and Tennis</p> <p>Please indicate on the registration form, sports in which you would like to participate.</p> | <p>Participants will receive a separate letter with the details of the practices and/or games and competitions.</p> <p>Softball will practice one night a week and have games on Saturdays in Mercer County starting in April.</p> <p>Bocce will begin practices once a week in</p> | <p>March with it's first competition in April.</p> <p>Track and Field will begin practices once a week in March with it's first competition in March.</p> <p>Tennis will begin practices once a week in April with it's first competition in April.</p> |
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The Spot Light Could Be on YOU!
Spotlight Players, a performing arts group, is looking for individuals who want to have fun and learn more about the theater. Call Becky at 485-0800 ext.202.

Social Events

EHT ELKS BINGO

When: Wednesday January 25,
Wednesday February 29, Wednesday
March 28

Time: 7PM - 9 PM

Where: Egg Harbor Township Elks
Lodge, 1815 Mays Landing Road (Rt.
559), EHT

Cost: FREE

VALENTINE'S DAY DANCE

When: Monday, February 13

Time: 7:30 PM - 9:30 PM

Where: Mays Landing Country
Club, 1855 Cates Road in Mays
Landing. The cross street is McKee
Avenue

Cost: *\$8.00 per person to be paid at
the door.* There is a cash bar for bev-
erages. Food is not available for pur-
chase. **Doors for the dance will not
be opened until 7:15 PM.**

Special Olympics Spring Sports Dates

The Area 8 **Bowling** Competition
is scheduled for **February 10 and
February 11** at King Pin Lanes in
Egg Harbor Township. Any
bowler 21 years old or younger
**and anyone regardless of your
age who bowls with a ramp will
compete on Friday, Feb. 10th.**
All other bowlers will compete on
Saturday, Feb. 11th.

If you place 1st, 2nd, or 3rd at the
Area 8 Competition you will then
compete at the South Sectional
Competition on **March 10th** in
Maple Shade. If you place 1st,
2nd, or 3rd at that competition
then you will compete on Sunday,
April 1st in Stafford.

Basketball practices will begin
on in January. The **first game
will be on January 15th.** Prac-
tices and games will run every
week during the months of Janu-
ary, February and March. If you
registered for basketball you will
receive a letter with all the neces-
sary information

ADULT EVENING CLASSES JANUARY

Seasonal Water Colors

Explore your creativity by learn-
ing to use water colors to paint
the trees of different seasons.

Date: Mon. Jan. 9, 2012

Time: 6:30 to 8pm

Cost: \$10.00

Location: Arc Multipurpose Rm.

Use ATC entrance

Class limit—10

Instructor: Merri Tozer

Zumba

The fun fitness craze sweeping
the nation makes a three week
stop at The Arc. **You must sign
up for all three classes.**

Date: Thur. Jan. 12, 19, 26,
2012

Time: 6:30 to 8pm

Cost: \$15.00 for all three classes

Location: Arc Multipurpose Rm.

Use ATC entrance

Class limit—20

Please wear sneakers.

Instructor: Michelle Gano

Ceramics

Meredith's Clay Station is clos-
ing but she will be bringing her
ceramics/crafts classes on the
road starting with this January
class.

Date: Tue. Jan. 17, 2012

Time: 6:30 to 8pm

Cost: \$5.00 (Bring \$10 to \$20 to

JANUARY (continued)

class to pay for your piece)

Location: Arc Multipurpose Rm.

*Use ATC entrance. NOTE LOCA-
TION CHANGE to The Arc office*
Class limit—28

Instructor: Meredith

Computers I (beginners)

For those of you with little or no
computer experience, this class is a
great way to get orientated with the
computer.

Date: Mon. Jan. 30, 2012

Time: 6 to 7:30pm

Cost: \$8.00

Location: Arc computer lab. *Use
the training entrance*

Class limit—10

Instructor: Joe Eisele

FEBRUARY

The Price is Right

Participants will play a homemade
version of this popular game show.
They will learn about prices while
having fun winning fabulous prizes.

Date: Wed. Feb. 1, 2012

Time: 6:30 to 8pm

Cost: \$10.00

Location: Arc Multipurpose Rm.

Use ATC entrance

Class limit—40

Instructor: Kathi Lentz

Ceramics

Join Meredith at the Arc to create a
Valentine's Day mosaic for that spe-
cial someone.

Date: Tue. Feb. 7, 2012

Time: 6:30 to 8pm

Cost: \$20.00 for your mosaic piece.
(You will not need any additional
money on the night of the class)

Location: Arc Multipurpose Rm.

Use ATC entrance

February (continued)

Computers II

(intermediate)

For those of you ready to take that first step away from beginner status on the computer.

Date: Mon. Feb. 20, 2012

Time: 6 to 7:30pm

Cost: \$8.00

Location: Arc computer lab.

Use the training entrance

Class limit—10

Instructor: Joe Eisele



Line Dancing

Have fun and get fit while dancing to your favorite country and pop line dances.

You must sign up for all four classes.

Date: Wed. Feb. 22, 29 & March 7, 14, 2012

Time: 6:30 to 8pm

Cost: \$20.00 for all four classes

Location: Arc Multipurpose Rm. *Use the ATC entrance*

Class limit—20

Instructor: Brenda Patterson

Creative Expression

In this class, you will learn to express yourself with; collages, painting, drawing and writing.

Date: Tue. Feb. 28, 2012

Time: 6:30 to 8pm

Cost: \$5.00

Location: Arc Multipurpose Rm. *Use the ATC entrance*

Class limit—20

Instructor: Rick Gal lager

Class limit—28



MARCH

Job Readiness

Whether you are looking to enter the workforce for the first time or improve your employment situation, this is the class for you.

Date: Mon. Mar 5, 2012

Time: 6:30 to 8pm

Cost: \$2.00

Location: Arc Board Rm. *Use the training entrance*

Class limit—12

Instructor: Maureen Yuhasz

Ceramics

Get your green on and create a ceramic piece for St. Paddy's Day!

Date: Tue. March 6, 2012

Time: 6:30 to 8pm

Cost: \$5.00 (Bring \$10 to \$20 to class to pay for your piece).

Location: Arc Multipurpose Rm. *Use ATC entrance*

Class limit—28

Instructor: Meredith



Line Dancing-continues

Have fun and get fit while dancing to your favorite country and pop line dances. **You must sign up for all four classes.**

Date: Wed. Feb. 22, 29 & March 7, 14, 2012

Time: 6:30 to 8pm

Cost: \$20.00 for all four classes

Location: Arc Multipurpose Rm. *Use the ATC entrance*

Class limit—20

Class Locations:

The Arc of Atlantic County
6550 Delilah Rd. Suite 101
Egg Harbor Township, NJ.
08234
(609) 485-0800 Ext 164

MARCH (continued)

Computers III

Learn to set up your own email account. You must already have basic knowledge of the computer to take this class.

Date: Mon. March 12, 2012

Time: 6:30 to 8pm

Cost: \$8.00

Location: The Arc computer lab. *Use the training entrance*

Class limit—10

Instructor: Joe Eisele

Yoga

Whether you've mastered a few yoga poses or never heard of a "downward facing dog", come and join us for this healthy and relaxing two session class. A yoga matt will be provide that you may keep. **You must sign up for both classes.**

Date: Tue. March 20 & 27, 2012

Time: 6:30 to 8pm

Cost: \$15.00 for both classes and a yoga matt.

Location: Arc Multipurpose Rm. *Use the ATC entrance*

Class limit—20

Instructor: Michele Franey

Healthy Dinner

In this class, we will be cooking a low cost, quick, easy dinner. It's a yummy recipe that you can take home and try again in your own kitchen.

Date: Wed. March 28, 2012

Time: 6:30 to 8pm

Cost: \$12.00

Location: The ATC Kitchen. *Use the ATC entrance*

Class limit—16

Instructor: Becky Eisele

IMPORTANT NOTICE— All ceramic classes will be held at The Arc in the multi-purpose room **AFTER January 1, 2012.** The Clay Station is closing and Meredith will be coming to us.



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Pleasantville
NJ 08232

6550 Delilah Road, Suite 101
Egg Harbor Township, NJ 08234
www.arcatlantic.org

General Questions:
Phone: 609-485-0800 extension
191 - Sue
Fax: 609-407-6282
Email: skinsell@arcatlantic.org

**You can now download the
Recreation News Letter and
Registration Form OnLine
at www.arcatlantic.org**

Do you enjoy helping your community? Do you like doing service projects with friends? Then **Aktion Club** is for you. For more information or if you have any questions about **Aktion Club**, please call **Carol** at 609-485-0800 extension 271.

The Wonder Workers Self Advocacy Group will meet the first Wednesday of the month. The meetings are held from 6 PM- 7:00 PM at The Arc offices. If you are using Access Link, please tell them the Main Entrance.

If you have any questions about self advocacy please call **Shereen Macdonald** at 609-485-0800 extension 169.

Adult Evening Class Info.

Volunteer Instructors are always needed. If you have a **skill, hobby** or **activity** that you would like to teach or share, we would like to hear from you.

Call Kathi Lentz at ext 164 for more information.

CONSUMER CANCELLATIONS FOR AEC

If you are unable to attend a class please use the following guidelines to cancel. Call **Allison Venezia** at 609-485-0800 extension 161.

If you do not get her call **Kathi Lentz** at 609-485-0800 ext 164.

Repeated NO CALLS/NO SHOWS may jeopardize your participation in future classes and programs.

Weather Related

Cancellations Of Programs

In the event of a program being cancelled, each participant will receive a phone call from

The Arc at least 1 1/2 hours prior to the start of the program.

If you do not receive a phone call, the program will occur as scheduled.

Friday Night Teen Group

Are you between the ages of 13-20 and looking to do fun things with people your own age?

The Friday Night Teen Program is held from September to May. For more information on this group please call **Lori** at 609-485-0800 extension 177.