

Registration will only be accepted by using the registration form that is inside this newsletter. You can download the news letter and registration form online at www.arcatlantic.org. Your options for returning your registration form and money are:

Mail it to Recreation Registration at The Arc of Atlantic County at 6550 Delilah Road, Suite 101 in Egg Harbor Township, NJ 08234 OR Bring it to The Arc of Atlantic County offices during normal business hours of 9AM - 5PM and give it to the receptionist. The receptionist will handle date stamping it and placing it in the correct mail box.

Do not bring a registration form to a program. Do not

place registration forms or payment in Sue Kinsell's office. All Registration forms and checks or money orders must be turned in by one of the two ways listed. Registration Deadline is **Friday, June 18**. Registration will not be processed unless the registration form is completed and a check or money order made payable to The Arc of Atlantic County is included.

No Cash will be accepted.

If you are unable to pay for everything at the same time, please contact Sue (ext. 191) or Amie (ext. 190) about possible payment options. A confirmation letter will be mailed to you once your registration has been processed.

This form will also serve as your receipt for payment.

CONSUMER

CANCELLATIONS

If you will not be able to attend a program you are registered for, you must follow the following guidelines to cancel. For Adult Evening Classes you must call Allison at 609-485-0800 extension 161; if you do not get her you then call Amie Bank at 609-485-0800 extension 190; if you do not get her you then call Rodney Finx at 609-485-0800 ext. 185.

YOU MUST LEAVE A MESSAGE ON THE VOICE MAIL IF YOU DO NOT SPEAK TO ONE OF THESE PEOPLE!

If you are canceling for a recreation activity (Elks, Dances, Socialization Club, Sports Fun) or a Sport practice or game you must call Allison at 609-485-0800 extension 161. If you do not get her, call Sue Kinsell at 609-485-0800 extension 191. **YOU MUST LEAVE A MESSAGE ON THE VOICE MAIL IF YOU DO NOT SPEAK TO ONE OF THESE PEOPLE!**

Repeated NO CALLS NO SHOWS may jeopardize your participation in future classes and programs.

Special Olympic (SO) Sports

This year The Arc will be offering 3 sports for the Fall Sport Season. **1. Flag Football** - Practices would be one night a week and games are held on Saturday during September and October. **2. Soccer** - Practices for that would be one night a week and games would be on Saturdays in September and October. **3. Golf** - Practices will be held once a week with two

competitions scheduled in October.

Since all three of these sports are considered fall sports for Special Olympics you may only participate in one of them. Please indicate on your registration form the sport in which you would like to participate. The number of people who register for each sport will deter-

mine which sports we are able to offer this year. If you have any questions about any of these fall sports please contact Sue at 609-485-0800 extension 191 or skinsell@arcatlantic.org.

Spotlight Players Performing Arts Club

Anyone interested in receiving information about the next Spot Light Players Performance should mark that on the enclosed registration form. You will be mailed more information.

Social Events

Sports Fun

When: July Mon. 7/12 6 - 8pm and Sat 7/31 10 am - 12 noon

August Tues 8/17 6 - 8pm and Sat 8/28 10 am - 12 noon

September Wed 9/8 6 - 8pm and Sat 9/18 10 am - 12 noon

Where: Spontaneous Sports

622 Black Horse Pike

Egg Harbor Township

Cost: \$12.00 per person per date

What: 2 hours of activities such as kickball, soccer, basketball, batting cages, volleyball and other fun.

Summer Fun Bowling League

When: Wednesday 7/14, 7/21, 7/28, 8/4, 8/11 and 8/18

Time: 6:00 - 9:00 PM.

Where: Strike Zone Lanes, Egg Harbor City

Cost: \$36.00

The non-refundable cost is per person. This is a one-time cost and will cover all six weeks. The time is from This program is held at . This league is open to everyone. Consumers, staff, family, friends and volunteers are able to join this league.

Each team will consist of four bowlers per team. You can either join as a team or individually and you will be placed on a team. Each team needs to have one person to serve as a captain. This person can be a staff, family member or volunteer. Captains need to be capable of tracking scores, identifying needed score correction and supervising the lane rotation. Captains are subject to approval by Sue Kinsell, Community Coordinator. We will have a few recreation volunteers who can be placed on teams with people who do not have a team. If you need to be placed on a team, please indicate that on your registration. If you would like to serve as captain but do not have a team, indi-

cate that on your registration form. I am limited to the number of teams I can take due to the other leagues at Strike Zone.

EHT ELKS BINGO AND DANCE

When: Wed., July 28th - BINGO and Wed. Sept. 29th - DANCE

Time: 7 - 9 PM

Where: Egg Harbor Township Elks Lodge, 1815 Mays Landing Road (Rt. 559), EHT

Cost: FREE

Hershey Park Trip

When: Sunday, August 8

Time: 7:30AM - 11:30 PM

Cost: \$45.00.

This price includes your transportation to Hershey Park from The Arc, admission into the park and a meal ticket.

This year you will have the opportunity to use the Boardwalk area at Hershey Park. This is a water park area that has a lazy river, wave pool and other water activities. This is included in your admission ticket. There is a **LIMITED NUMBER** of tickets and seats on the bus. Residential programs are expected to provide their own staff for any consumers who will be attending. This trip will be about four hours of travel each way and we will be taking First Student School Buses. Due to the buses that we will be using we are unable to accommodate anyone who needs a wheelchair lift vehicle. Registration is on a first come first serve basis. **You will receive a separate confirmation for this trip.**

End of Summer Dance

When: Tuesday, August 10

Time: 7:30 PM - 9:30 PM

Where: Mays Landing Country Club, 1855 Cates Road in Mays Landing.

The cross street is McKee Avenue

Cost: \$8.00 per person to be paid at the door. There is a cash bar for beverages. Food is not available for purchase. **Doors for the dance will not be opened until 7:15 PM.**

Socialization Club Meeting

When: Monday, August 16

Time: 6 - 7:30 PM

Where: The Arc of Atlantic County. Please use the employee entrance on the courtyard corner of the building. For Access Link users please tell them the main entrance. The meeting will be held in the multi-purpose room.

Ocean Fishing Day

When: Wednesday, August 25

Time: 8:30 AM - 2:30 PM

Where: Cape May

Cost: FREE

The Cape May County Charter Boat Association will be sponsoring a fishing trip. This trip allows individuals four

hours of fishing on a boat in the ocean. Lunch is not provided. Residential programs must provide their own chaperones and transportation.

Separate confirmation letters will be sent to everyone who signs up.

Annual Recreation Picnic

When: Sunday, September 19

Time: 12:00 PM - 3:00 PM

Where: Lake Lenape East—Pavilions 1 & 2 - 753 Park Road, Mays Landing N.J. 08330

Cost: \$5.00 per person

This picnic is open to all consumers, friends, families, and volunteers of The Arc. The Arc will provide hot dogs and hamburgers, salads, beverages and desserts.

Adult Evening Classes

Registration Deadline June 18th.

July 2010

Poetry Through Music

In this class we will be putting our thoughts and words to music.

Date: Wednesday July 7

Time: 6:30 PM - 8:00 P.M.

Cost: \$5.00

Location: - Arc Multi-Purpose Room

Class Limit - 12

Tie Dye

Do you like colors? Now is the time to choose and show your "true" colors.

Date: Tuesday July 13

Time: 6:30 PM - 8:00 PM

Cost: \$15 for t shirt size S,M,L, XL
\$17 for t shirt size XXL, XXXL

Location: Clay Station

Class Limit - 25

Get Your Body Moving

Come in and show off your moves. Learn how to strengthen your muscles and burn calories. Please bring in a bottle of water and a towel for the class. Please dress in work out attire.

Date: Tuesday July 20

Time: 6:30pm-8:00pm

Cost: \$5.00

Location: Arc Multi-Purpose Room

Summer BBQ

Enjoy a healthy alternative to the hamburger. Come in and try different types of burgers.

Date: Monday July 26

Time: 6:00 PM - 8:00 PM

Cost: \$12

Location: Arc Multi-Purpose Room

Class Limit - 12

*** NOTE -You can only sign up for one BBQ class.**

Summer BBQ

Enjoy a healthy alternative to the hamburger. Come in and try different types of burgers.

Date: Tuesday July 27

Time: 6:00 PM - 8:00 PM

Cost: \$12

Location: - Arc Multi-Purpose Room

Class Limit - 12

*** NOTE -You can only sign up for one BBQ class.**

August 2010

Soap Making

Have you ever wondered how soap is made. Come and learn how it is made and create your own bar of soap.

Date: Wednesday August 3

Time: 6:00 PM - 8:00 P.M.

Cost: \$12

Location: Arc Multi-Purpose Room

Class Limit - 12

Wind Chimes

As Summer comes to an end, create something beautiful to ring out the hazy, lazy, crazy days of Summer or ring in a joyful welcome to Fall.

Date: Tuesday August 17

Time: 6:30 PM - 8:00 P.M.

Cost: \$15

Location: : Clay Station

Class Limit - 25

Jewelry Making

Do you like to be creative and fun with your accessories. Come in and create something to usher in Fall.

Date: Monday August 31

Time: 6:30 PM - 8:00 P.M.

Cost: \$10

Location: - Arc Multi-Purpose Room

Class Limit - 20

Class Locations:

The Arc

6550 Delilah Rd.

Egg Harbor Township, NJ

(609) 485-0800 Ext 190

Clay Station

Bon Ton Plaza

3143 Fire Rd.

Egg Harbor Township., NJ

Hotel Respite

Come enjoy water parks, aquariums, baseball games, boardwalks, movies, dinner and bowling.

Amie does it all for you.

Call her at 485-0800 ext. 190

There are three easy ways to pay.

1. *Contact DDD and request a Hotel respite*
2. *Private Pay*
3. *Real life Choices Purchase.*

September 2010

Fall Ceramics

Come in and create something with Fall in mind to decorate your home or to give to a friend. Let your creativity shine.

Date: Wednesday September 1

Time: 6:30 PM - 8:00 P.M.

Cost: \$5

Location: Clay Station

Class Limit - 25

Please bring an additional \$10-\$20 for your piece

Kung Pow Chicken Made Healthy

Make a healthy alternative to this Zesty Oriental Treat.

Learn what healthy eating is all about.

Attention:

The dish will contain "Peanuts"

"Fish" and "Soy"

Date: Monday September 13

Time: 6:00 PM - 8:00 PM

Cost: \$10

Location: Arc (ATC Kitchen)

Class Limit - 12

Fall Harvest

No time like the present to enjoy homemade apple pie. Enjoy painting with leaves and bobbing for apples.

Date: Tuesday September 21

Time: 6:00pm-8:00pm

Cost: \$12

Location: Arc (ATC Kitchen)

Class: Limit 10

CONSUMER CANCELLATIONS

If you are unable to attend a class please use the following guidelines to cancel. Call **Allison Venezia** at 609-485-0800 extension 161. If you do not get her you then call Amie Bank at 609-485-0800 extension 190. If you do not get her, you then call Rodney Finx at 609-485-0800 extension 185.

After 5 o'clock call 609 271-2886

Repeated NO CALLS/NO SHOWS may jeopardize your participation in future classes and programs.

Volunteer Instructors are always needed. If you have a **skill, hobby** or **activity** that you would like to teach or share, we would like to hear from you. **Call Amie Bank at ext 190 for more information.**



6550 Delilah Road, Suite 101
Egg Harbor Township, NJ 08234
www.arcatlantic.org

General Questions:
Phone: 609-485-0800 extension
191 - Sue
Fax: 609-407-6282
Email: skinsell@arcatlantic.org

**You can now download the
Recreation News Letter and
Registration Form OnLine
at www.arcatlantic.org**

Address Service Requested

Non Profit Org
US Postage
PAID
Permit #275
Pleasantville
NJ 08232

Aktion Club meetings will be held on the 2nd and 4th Tuesday of each month. The meetings are from 5:30—6:30 PM and are held at the Food Bank, 6735 Black Horse Pike in Egg Harbor Township. The cross street for Access Link is Fire Road. If you have any questions about Aktion Club, please call Carol at 609-485-0800 extension 271.

The Wonder Workers Self Advocacy Group will meet the first Wednesday of the month. The meetings are held from 6 PM-7:30 PM at The Arc offices. If you are using Access Link, please tell them the Main Entrance. If you have any questions about self advocacy please call Shereen Macdonald at 609-485-0800 extension 169.

WEATHER RELATED CANCELLATION OF PROGRAMS

In the event of a program being cancelled, each participant will receive a phone call from The Arc at least 1 1/2 hours prior to the start of the program. If you do not receive a phone call, the program will occur as scheduled.

**Friday Night
Teen Group**

Are you between the ages of 13—20 and looking to do fun things with people your own age? The Friday Night Teen Program is held from September to May. For more information on this group please call Lori at 609-485-0800 extension 177.