

The Arc of Atlantic County's 2nd Annual **Health & Community Resource Fair**



May 13, 2014 • 2-7PM

The Arc of Atlantic County, 6550 Delilah Road, Suite 101
Egg Harbor Township, NJ 08234

Scheduled Events

- Chair Aerobics - **2pm, 3pm & 4pm**
- Chair Massages - **4pm to 7pm**
- Zumba, by Tilton Fitness - **5 to 6pm**
- Yoga, by Hummingbird Yoga - **3 to 4:30pm**
- Nutritional info throughout the day, provided by ShopRite of Somers Point - **2-7pm**
- Health Screenings by Atlantic County Health Services and Horizon. Includes: cholesterol, blood pressure, pulse, BMI and more - **2-7pm**

Additional Vendors Include:

Golden Hearts Day Program • Mental Health Association of Atlantic County • Dental Lifeline Network • Ocean Home Health • DePaul Health Care (Absecon Manor and Mainland Manor) • Sam's Club • Cape Bank • Simcare Pharmacy • Community Food Bank • AFLAC • Mutual of America • CVS • Horizon

**More Fun
at the Fair!**

**Refreshments
&
Giveaways**

**Beach Ball
Volleyball**

**Smoothie
Bar and
Healthy
Recipes**

Free Health Screenings for People with Developmental Disabilities



The Arc's nurse, Sharon Pachler, RN is offering free health screenings for people with intellectual and developmental disabilities by appointment in your home, during the Health Fair, or at The Arc's office throughout the spring and summer. To schedule an appointment, contact Sharon at 609-485-0800 ext. 210 or spachler@arcatlantic.org.